

April 2019

## RESUME

**Maha Zaher, RN**

### **Personal details:**

Name & Family name – Maha Zaher

Date of birth -13\12\1973

Social situation – Married + 3

Address – Paulos Hashishi Street, 3031 \ 8, *Nazareth*

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### **Education:**

2015 – Master Degree in Quality – Section of Statistics - Haifa University

2006- 2007 – B.A degree in Nursing – Haifa University

1996-1998 – Registered nurses" – Bnai-Zion–Haifa.

### **Courses and Workshops**

2017- Course in palliative care for CKD patients

2107- GCP course

2014 – Course in Clinical Research Methodology – Nazareth Hospital.

2008- Course in Nursing Administration – Bnai-Zion Hospital – Haifa.

2008- GCP course.

2002 – Course "Life Donation" Transplantation – Tel Aviv University.

2000- Advanced course in Nephrology – Rambam Medical Center- Haifa.

1993 – Completion certificate – High School- Shefa-Amer, Israel.

1993 – Completion certificate " Practical Nurse"- High School, Shfaram, Israel.

### **Professional Practice:**

4\2015- Chair Woman (President)- Association of Nephrology Nursing in Israel.

10/2006 -Present– On charge nurse of Dialysis Unit – Nazareth Hospital – Nazareth.

2000–2006- Kidney Transplantation Coordinator – Nazareth Hospital – Nazareth.

1998- Nurse – Dialysis Unit – Nazareth Hospital – Nazareth.

1996-1998- Practical nurse in "Retirement home" – "Kibbutz " Ramat Yohanan.

1995-1996- Practical nurse in Children Emergency Department & Eye Clinic – French Hospital – Nazareth.

1993-1995- Practical nurse in Combined Department (Internal, Surgical and Orthopedic) – Italian Hospital – Nazareth.

### **Research Interest**

**Maha Zaher** , Avner Halevy, Zaid Abassi, Kamal Hassan, and Zaher Armaly.  
Quality of life and Depression among Arab Hemodialytic patients Compared with Those Treated with peritoneal Dialysis.

## **Publication**

1- Armaly Z, Farah J, Jabbour A, Bisharat B, Abd-El Qader A, Saba S, **Zaher M**, El Haj E, Hamzi M, Bowirrat A . Major depressive disorders in chronic hemodialysis patients in Nazareth : identification and assessment. Neuropsychiatr Dis Treat. 2012;8:329-38.

2- Armaly Z; A Jabbour, M Alhaj, B Bisharat, A Abd El Qader. Prof. Z Abassi; **M Zaher**; Prof. A Bowirrat. Hypovitaminosis D among the Nazareth-E.M.M.S Hospital Employees and Arab Professional Football Players in North Israel: A Cross-Sectional Study; EMMS Nazareth-The Nazareth Hospital, Nazareth, Zip code: 16100, Israel. J Nutrition Disorder Therapy. 2011,1:105-112. doi:10.4172/jndt.1000105.

## **Clinical Trials Experience**

**1/12/2015**- BAY 94-8862-17530-Figaro –DKD ;A randomized ,double blind ,placebo-controlled parallel-group ,multicenter ,even driven,phase III study to investigate the efficacy and safety of finerenone on the reduction of cardiovascular morbidity and mortality in subjects with type 2diabetes mellitus and clinical diagnosis of diabetic kidney disease in addition to standard of care .

**1/12/2015**- BAY94-8862-16244 Fidelio –DKD A randomized ,double blind ,placebo-controlled parallel-group ,multicenter ,even driven ,phase III study to investigate the efficacy and safety of finerenone in addition to standard of care ,on progression of kidney disease in subjects with type 2diabetes mellitus and clinical diagnosis of diabetic kidney disease

**10/3/2014 -31/3/15**- A phase II study of KRX -0502 in treating iron-deficiency anemia in patients with stage 3-5 non dialysis dependent chronic kidney disease (NDD-CKD).

### **International Conferences**

1. Impact of gender on depression prevalence quality of life among Arab Israeli ESRD patients. The 47th EDTNA/ERCA International Conference Genoa, Italy, September 15th - 18th, 2018 (Oral presentation).
  
2. Maha Zaher, Differences In Quality Of Life And Prevalence Of Depression Between Hemodialysis And Peritoneal Dialysis Among Arap Patents In Israel. 13TH European Pritoneal Dialysis **2017**, Convention Centre Dublin, Ireland (Poster presentation).
  
3. Maha Zaher ,Smile Again to Life. 46th EDTNA/ERCA International Conference Krakow, Poland **2017**,( 47th EDTNA/ERCA International Conference, September 15th - 18th, 2018 h
  
4. Hadeel Armaly, Maha Zaher. The impact of movement therapy during the dialysis procedure on hemodialysis patient. 46th EDTNA/ERCA International Conference Krakow, Poland **2017**- (Oral presentation).
  
- 5 .Maha Zaher, Differences in Quality of Life and Depression Between Hemodialysis and Peritoneal Arab patients. 46th EDTNA/ERCA International Conference Krakow, Poland **2017**- (Poster presentation).
  
6. Maha Zaher, "You Choose Your Card Change" Developing Self-Efficacy And Creating Intrinsic Motivation Among Hemodialysis Patient. 45th EDTNA/ERCA International Conference in Valencia, Spain. **2016**, "Poster presentation".
  
7. Maha Zaher, "Change CARD", 45th EDTNA/ERCA International Conference in Valencia, Spain. **2016**, "Poster presentation".
  
8. Maha Zaher, 44th EDTNA/ERCA EDTNA\ ERCA Conference – Dardazan – Germany **2015** , Poster presentation.

## **National Conferences**

1. Maha Zaher, A National Conference (week End) the Israeli Nephrology Nursing Association 2018 – Dead Sea "Oral presentation".
2. Maha Zaher, A National Conference (week End) the Israeli Nephrology Nursing Association **2017** – Dead Sea "Oral presentation".
3. Maha Zaher, "Excellence in service" A national study day -Nazareth Hospital 2017 "Oral presentation"
3. Maha Zaher, "Indicators of Quality ,JCI" A National Conference (week End) the Israeli Nephrology Nursing Association – Dead Sea 2016 "Oral presentation"
4. Maha Zaher, "Manufacturing in Service" A national study day – Nazareth Hospital **2016** "Oral presentation".
5. Maha Zaher , "Staff look for coccus (Staphylococcus)" A national study day – Nazareth Hospital **2015**, "Oral Presentation"
6. Maha Zaher, "JCI" A National Conference (week End) the Israeli Nephrology Nursing Association **2014** Dead Sea "Oral presentation".
7. Maha Zaher, " Achievements of Risks" A national study day – Nazareth Hospital **2013** "Oral presentation".
8. Maha Zaher , " It can happen also to you " A National Conference (week End) the Israeli Nephrology Nursing Association **2013** Eilat "Oral presentation"
9. Maha Zaher, “Staff Look For Coccus , Staphylococcus “ – The 18<sup>th</sup> Annual Conference of the Israelian Society for Quality in Medicine **2012** "Tel aviv "Poster presentation".
10. Maha Zaher, “Quality Criteria in Dialysis “ A national study day **2011** Nazareth Hospital Nazareth , "Oral presentation"
11. Maha Zaher , " To look for the Sweet in Bitter" – The north study day – Nazareth Hospital, Nazareth **2010** "Oral presentation".

## **Professional Activities**

- Member of the advisory committee in the Israeli Ministry of Health for guidelines in nephrology nursing.
- Chairman of Israeli Nephrology Nursing Association and setting guidelines for professional nephrology forums and arrangement of national conferences in Israel.
- Assessment for all the scientific presentations of the annual meetings of the Israeli Nephrology Nursing Association.
- Co Editor of Kul Hakilya, the official journal of the Israeli Nephrology Nursing Association.
- Research coordinator in Nephrology Unit in Nazareth Hospital.
- Part of the committee for the safety of the "caregiver" Nephrology Unit in Nazareth Hospital.
- A leader of a policy project for evaluation of risks around "caregivers".
- A leader of a project for "safety shoes" for all the workers, Nazareth Hospital
- A leader of project for establishment of criteria for quality in Nazareth Hospital.
- A part of the rehabilitation committee of Nazareth Hospital
- A part of the committee of quality in nursing in the Nazareth Hospital
- A part of the arrangement of the Nazareth Hospital for JCI.
- Chairwoman of the (AOP) section of the Nazareth hospital for JCI.
- A part of the pronouncement committee of safety and quality in Nazareth Hospital

### **Organizing Conferences:**

1. National conference of the Israeli Nephrology Nursing Association, "Nursing center" Ramat Gan, Feb 26<sup>st</sup>, **2019** (affiliated with The Israeli Nephrology nursing Association)
2. Organizing a weekend Conference "patient in the center", Dead Sea, November, 1-3<sup>th</sup>, **2018**- (affiliated with The Israeli Nephrology nursing Association)

3. National conference of the Israeli Nephrology Nursing Association, Ramat Gan, March 7<sup>st</sup>, **2018** (affiliated with The Israeli Nephrology nursing Association)
  4. Organizing a weekend Conference " Technology and Innovation", Dead See, November, 9-11<sup>th</sup>, **2017**- (affiliated with The Israeli Nephrology nursing Association)
  5. National conference of the Israeli Nephrology Nursing Association, "Ethics And Low" Ramat Gan, March 1<sup>st</sup>, **2017** (affiliated with The Israeli Nephrology nursing Association)
  6. Organizing a weekend Conference "Togather To JCI ", Dead See, November, 10-12th, **2016**- (affiliated with The Israeli Nephrology nursing Association)
  7. National conference of the Israeli Nephrology Nursing Association, " Palliative Care In CKD Patents " Ramat Gan, March 1<sup>st</sup>, **2016** (affiliated with The Israeli Nephrology nursing Association).
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5. Organizing a weekend Conference "Leadership in Nursing", Dead See, October, 15-17th, **2015**- (affiliated with The Israeli Nephrology nursing Association)
  6. Nazareth Annual Scientific Meeting of Nephrology, Affiliated with Nazareth Hospital, Nazareth, Since 2010 Until last conference that was held at May, 10<sup>th</sup>, 2017.

**Organizing workshops for Dialectic patients and their families in Nazareth Hospital :**

**2019-** A workshop "Female patients "

**2018-** A workshop "quality of life" for a primary caregiver .

**2017-** A workshop for preparation of patients for kidney Transplantation patients and their families.

**2016** -A workshop" quality of life" for patients and their families.

**2014-** A workshop” The Healthy Side Of The Dialysis Patient “

**2013-** A" life quality" workshop for Dialectic patients and their families.

**2012-** - A" life quality" workshop for Dialectic patients and their families.

**2011-** A workshop of "activation of patients" through dialysis .

**2010-** A workshop of "to look for sweet in bitter".

**2009-** A workshop for patients and their families " What is allowed....?)

**2008-** A workshop for improvement of the Dialectic patients' quality of life.

**2007-** A workshop For Preparation Of patients for kidney Transplantation.

Initiation and organization of the conferences and the scientific meetings .I make  
Recommendations will be sent according to requests

**Languages:**

Arabic – A mother language

Hebrew- reading, writing and speaking

English- reading, writing and speaking